



INTERNATIONAL STUDENTS' RIGHTS

IN ONTARIO

Can International Students work in Ontario?

Most international students in Ontario **can** legally work while studying if they:

- Have a **valid study permit**
 - *(limitations might apply; check closely before starting to work)*
- Are **enrolled full-time** at a designated learning institution (DLI)
- Are in a **post-secondary** academic, vocational, or professional training program
- Are studying in a program that lasts **at least 6 months** and leads to a **degree, diploma, or certificate**
- Have a **Social Insurance Number (SIN)**

How can I know if I can work in Ontario?

- Check your **study permit**
- Check the **IRCC website** (always check cause policies change fast!)
- Apply for a SIN at **Service Canada** and ask them about it or consult the **international students department** at your school

International Students Workers' Rights

International student workers are also protected by **ESA**
(**The Employment Standard Act**).

If you want to learn more about your basic workplace rights, please **SCAN THIS CODE**.



<https://tinyurl.com/worker-resources>





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Working Hours: Rules for International Students (As of May 2026)

In most cases, international students can work up to **24 hours per week off-campus** during regular academic sessions. Students may usually work **full-time** during scheduled breaks, such as:

- Summer break
- Winter holidays
- Reading week
- Other scheduled study breaks

NOTES

- If you stop studying full-time, you may lose authorization to work.
- If you take an unauthorized leave from school, you may not be allowed to work.
- Working more hours than permitted may affect your immigration status or future immigration applications.

Important Reminders for International Students

Be Careful If:

- Employers asking you to work "**under the table**" illegally
- **Fake** internships that replace paid work
- Signing contracts you **cannot read**
- Employers **holding your passport or ID**
- Recruitment **fees** or illegal **deductions**



Remember:

- You **have rights** at work
- Asking questions about your rights is **not illegal**
- Immigration status does **not** permit employers to abuse workers
- Community support is **available!**





国际学生权益

安省

留学生在安省可以工作吗？

如果符合以下条件，大多数安省的留学生可以在学习期间合法工作：

- 持有有效的学习许可
 - (可能存在限制；开始工作前请仔细确认)
- 在指定学习机构 (DLI) 注册为全日制学生
- 正在参加大专及以上层次的学术、职业或专业培训课程
- 所修读的课程时长至少为6个月，且可获得学位、文凭或证书
- 持有社会保险号 (SIN)

如何确认我是否可以在安省工作？

- 检查你的学习许可
- 请查看IRCC网站 (请务必查看，因为政策变化很快！)
- 请前往Service Canada申请社会保险号 (SIN)，并向工作人员咨询相关事宜，或者咨询所在学校的国际学生事务处

国际学生工作权益

国际学生员工同样受《就业标准法》(ESA) 的保护。如需进一步了解您在工作场所的基本权利，请扫描此二维码。



<https://tinyurl.com/worker-resources>





国际学生权益

安省

工作时长限制：国际学生相关规定 (截至2026年5月)

在大多数情况下，国际学生在正常学期期间每周可在校外工作最多**24小时**。

学生通常可在规定的假期期间**全职**工作，例如：

- 暑假
- 寒假
- 复习周
- 其他规定的学习假期

NOTES

- 如果您停止全日制学习，可能会丧失工作许可。
- 如果您未经批准擅自休学，可能不被允许工作。
- 工作时间超过规定时限可能会影响您的移民身份或未来的移民申请。

给国际学生的重要提醒

请警惕以下情况：

- 雇主要求你从事非法的“**地下工作**”
- 以实习名义替代有偿工作的**虚假实习**
- 签署你**无法看懂**的合同
- 雇主扣留你的**护照或身份证件**
- 收取**招聘费**或**非法扣款**

请记住：

- 你在工作中享有**权利**
- 询问自己的**权利并不违法**
- 移民身份**不能**成为雇主虐待工人的借口
- 你的背后有**社区支持**！

